



# NORTH CAROLINA BOARD *of* OCCUPATIONAL THERAPY

## QUALIFIED ACTIVITIES FOR MAINTAINING CONTINUING COMPETENCE

<b>Continuing Competency Activity</b>	<b>Description</b>	<b>Maximum Points</b>	<b>Required Documentation</b>
<b>Academic Coursework</b>	Includes participation in on-site or distance learning academic courses from a university, college, or vocational technical adult education center related to the practice of occupational therapy.	1 point per credit hour, up to a maximum of 6 points. A licensee enrolled in a graduate or post-graduate OT curriculum has no maximum points in this category.	Original official transcript indicating successful completion of the course, date and a description of the course from the school catalogue or course syllabus.
<b>Board or Specialty Certification</b>	Completion of activities that result in board certification or specialty certification by AOTA during the current licensure period. (This does NOT include NBCOT recertification.)	15 points for each board certification or specialty certification credential earned or re-certified during the current licensure period.	Certificate of completion or other documentation from the recognized certifying body that identifies satisfactory completion of requirements for obtaining board certification or specialty certification.
<b>Continuing Education Courses</b>	Attendance and participation at live presentations such as workshops, seminars, conferences, or inservice educational programs. May also include participation in other continuing education activities that require a formal assessment of learning. Examples include electronic or Web-based courses, AOTA Self-Paced Clinical Courses or other formalized self-study courses, AOTA Continuing Education Articles.	No maximum.	Certificate of completion or similar documentation, including name of course, date, author/instructor, sponsoring organization, location and number of hours attended.
<b>Ethics Course</b>	The Ethics course must meet the general requirements for continuing competence activity found in Rules Section .0805 Qualified Activities for Maintaining Continuing Competence. Additionally, whoever presents the course must meet the requirements of Rule .0803(b). It may not be an in-service offered by a co-employee who attended an ethics course.	No maximum	Documentation as required in Rule .0805.
<b>Fieldwork Supervision</b>	Participation as the primary clinical fieldwork educator for Level I or Level II OT or OTA fieldwork students.	½ point for each 40 hours of fieldwork, up to a maximum of 6 points.	Verification provided by the school to the fieldwork educator with the name of student, school, and dates of fieldwork or the signature page to the completed student evaluation form. Evaluation scores and comments shall be deleted or blocked out.

<b>Mentorship as Mentee</b>	Participation in a formalized mentorship agreement with a mentor as defined by a signed contract between the mentor and mentee that outlines specific goals and objectives and designates the plan of activities that are to be met by the mentee. These activities must be between two OT professionals and must be related to the development of new occupational therapy skills outside current required job performance. This does NOT include new employee orientation.	1 point for every 4 hours spent in activities directly related to achievement of goals and objectives up to a maximum of 5 points.	Name of mentor and mentee, copy of signed contract, dates, hours spent, focus of mentorship activities, and outcomes of mentorship agreement.
<b>Mentorship as Mentor</b>	Participation in a formalized mentorship agreement with a mentee as defined by a signed contract between the mentor and mentee that designates the responsibilities of the mentor and specific goals and objectives that are to be met by the mentee. These activities must be between two OT professionals and must be related to the development of new occupational therapy skills for the mentee that are outside current required job performance. This does NOT include new employee orientation.	1 point for each 4 hours spent in mentorship activities as a mentor up to a maximum of five 5 points.	Name of mentor and mentee, copy of signed contract, dates, hours spent, focus of mentorship activities, and outcomes of mentorship agreement.
<b>Presentation &amp; Instruction</b>	Presentation of an academic course or peer-reviewed or non peer-reviewed workshop, seminar, in-service, electronic or web-based course for the first time or for which more than 50% of the material has been revised.	2 points for each 1-hour of credit that is awarded for an activity, up to a maximum of 6 points.	Copy of official program, schedule, or syllabus including presentation title, date, hours of presentation, and type of audience or verification of such, signed by the sponsor.
<b>Professional Meetings &amp; Activities</b>	Participation in Board or committee work with agencies or organizations in professionally related areas to promote and enhance the practice of occupational therapy.	2 points for participation on a committee or Board for 1 year or a minimum of 10 hours.	Name of committee or board, name of agency or organization, purpose of service, and description of licensee's role. Participation must be validated by an officer or representative of the organization or committee.
<b>Professional Writing</b>	Publication of a peer-reviewed book, chapter, article or contracted review of occupational therapy resource material.	15 pts as author of book. 10 pts as author of chapter. 5 pts as author of peer-reviewed article. 5 pts as contracted reviewer. 10 pts as book editor.	Full reference for publication including title, author, editor, and date of publication; or copy of acceptance letter, if not yet published.
<b>Research &amp; Grants</b>	Development of or participation in a research project or grant proposal.	1 pt for each 3 hours spent. 5 point maximum.	Verification from the primary investigator indicating the name of the research project, date of participation, major hypotheses or objectives of the project, and licensee's role in the project; <b>or</b> name of grant proposal, name of grant source, purpose and objectives of the project, and verification from the grant author regarding licensee's role in the development of the grant, if not the author.
<b>Small Group Study</b>	Includes review and discussion of journal articles, clinical videotapes or audiotapes by at least two (2) licensed practitioners.	3 points.	Title, author, publisher, time spent and date of completion. Licensee must complete the Small Group Study Form provided by the NCBOT and include a statement that describes how the activity relates to a licensee's current or anticipated roles and responsibilities.

\*\*\*\*For additional information, please refer to Rule .0805\*\*\*\*